

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/02/2017																
BREAKFAST K-12	Total	10														
BREAKFAST BURRITO W/ SALSA	1 BURRIT	10	211	211	578	2.03	2.99	94.7	515	7.95	*2	10.94	22.29	8.44	2.87	*0.04
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			380	214	687	3.57	*3.28	*257.8	*886	*24.88	*7	15.44	59.44	8.57	2.90	*0.04
% of Calories											*7.2%	16.3%	62.6%	20.3%	6.9%	*0.1%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 10/03/2017																
BREAKFAST K-12	Total	10														
BLUEBERRY CR. CH. PASTRIES	SERVING	10	103	28	62	0.46	1.29	28.8	969	0.37	*6	1.77	10.25	6.47	3.39	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			271	31	171	1.99	*1.58	*191.9	*1339	*17.31	*11	6.26	47.40	6.60	3.42	*0.00
% of Calories											*15.5%	9.2%	69.9%	21.9%	11.4%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/04/2017																
BREAKFAST K-12	Total	10														
EGG,HARD-BOILED, 1 EA	1 EACH	5	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
BACON, PRECOOKED	2 SLICES	1	90	0	250	0.00	0.00	0.0	0	0.0	0	3.0	0.0	9.0	3.00	0.00
Cereal, Malt-O-Meal	.5 Cup	5	65	*0	*3	0.50	5.41	51.9	*0	*0.0	*N/A*	2.5	13.5	0.25	*0.00	*N/A*
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			274	*96	*169	1.79	*3.47	*201.5	*500	*16.93	*5 *6.9%	9.19 13.4%	50.20 73.3%	3.81 12.5%	*1.15 *3.8%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/05/2017																
BREAKFAST K-12	Total	10														
GRILLED CHEESE BFAST SANDWICH	SERVING	10	252	224	578	1.97	18.02	410.4	12398	0.0	*2	15.08	27.2	9.05	3.41	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			421	226	687	3.51	*18.30	*573.5	*12769	*16.93	*6 *5.8%	19.58 18.6%	64.35 61.2%	9.18 19.6%	3.44 7.4%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/06/2017																
BREAKFAST K-12	Total	10														
KANGAROO SANDWICH	SERVING	10	167	213	264	1.03	17.33	294.7	12257	0.07	*0	9.8	19.61	6.31	1.73	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			336	216	373	2.57	*17.61	*457.8	*12627	*17.00	*4	14.30	56.76	6.44	1.76	*0.00
% of Calories											*5.3%	17.0%	67.6%	17.3%	4.7%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 10/10/2017																
BREAKFAST K-12	Total	10														
SAUSAGE GRAVY	1/2 Cup	10	114	14	171	1.01	0.69	162.0	312	*0.64	*6	10.44	12.76	2.56	0.87	*0.00
BISCUITS: PLAIN,	2 OZ	10	170	0	280	2.00	*N/A*	*N/A*	0	0.0	*N/A*	4.0	27.0	5.0	5.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			452	17	560	4.55	*0.97	*325.0	*682	*17.58	*10	18.94	76.91	7.69	5.90	*0.00
% of Calories											*9.3%	16.8%	68.0%	15.3%	11.7%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/11/2017																
BREAKFAST K-12	Total	10														
WAFFLES, HOMEMADE	1/2 Each	5	107	25	339	1.25	0.74	50.3	230	0.33	*2	3.76	14.58	3.91	0.89	*0.00
SYRUP,PANCAKE & WAFFLE, SF,PC	1/2 SERVING	1	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
CREAM OF WHEAT	1/2 CUP	1	60	0	169	0.69	5.52	121.2	0	0.0	0	1.92	12.1	0.23	0.04	0.00
BROWN SUGAR MELT-OATMEAL TOPPI	1/2 PACKET	1	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	1/2 SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			236	15	301	2.23	*1.24	*200.3	*485	*17.10	*5	6.57	47.36	2.11	0.49	*0.00
% of Calories											*8.9%	11.1%	80.4%	8.1%	1.9%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Thu - 10/12/2017																
BREAKFAST K-12	Total	10														
ENGLISH MUFFIN BREAKFAST SANDW	1 EACH	10	276	241	694	5.00	18.17	338.0	12336	0.0	*1	18.6	29.28	11.57	5.17	*0.00
JUICE, ASSORT (APL,O/P,GR)	1/2 SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			444	243	803	6.54	*18.46	*501.1	*12706	*16.93	*5	23.09	66.43	11.70	5.21	*0.00
% of Calories											*4.8%	20.8%	59.8%	23.7%	10.5%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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Fri - 10/13/2017																
BREAKFAST K-12	Total	10														
FRUDEL, CHERRY	1 EACH	10	210	*N/A*	280	2.00	1.08	*N/A*	*N/A*	*N/A*	*N/A*	5.0	36.0	6.0	1.50	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			319	*3	372	3.54	1.37	*163.1	*370	*16.93	*4	9.50	58.15	6.13	1.54	*0.00
% of Calories											*5.6%	11.9%	73.0%	17.3%	4.3%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Mon - 10/16/2017																
BREAKFAST K-12	Total	10														
FRENCH TOAST	1 EACH	10	158	78	251	1.21	1.91	109.9	167	0.06	4	7.31	22.72	3.94	1.31	0.04
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	10	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			352	80	411	2.75	*2.19	*273.0	*538	*17.00	*8	11.81	64.93	4.08	1.35	*0.04
% of Calories											*9.7%	13.4%	73.8%	10.4%	3.4%	*0.1%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 10/17/2017																
BREAKFAST K-12	Total	10														
OATMEAL, BLUEBERRY BAKE	SERVING	10	187	63	302	3.36	1.30	89.3	188	11.1	*2	6.79	33.09	2.94	0.72	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIT A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average % of Calories			356	65	411	4.90	*1.58	*252.4	*558	*28.03	*7 *7.4%	11.29 12.7%	70.24 78.9%	3.07 7.8%	0.76 1.9%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Wed - 10/18/2017																
BREAKFAST K-12	Total	10														
EGG,HARD-BOILED, 1 EA	1 EACH	5	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
SAUSAGE PATTIES	2 ea.	5	196	62	431	0.00	0.84	7.7	34	0.0	*N/A*	12.71	0.0	15.78	4.23	*N/A*
Cereal, Malt-O-Meal	.5 Cup	5	65	*0	*3	0.50	5.41	51.9	*0	*0.0	*N/A*	2.5	13.5	0.25	*0.00	*N/A*
BROWN SUGAR MELT-OATMEAL TOPPI	PACKET	5	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT HALF PINT	5 5	0 120	0 5	0 180	0.00 0.00	0.00 0.36	0.0 300.0	0 500	0.0 1.2	*N/A* *N/A*	0.0 8.0	0.0 20.0	0.0 0.0	0.00 0.00	0.00 0.00
Weighted Daily Average % of Calories			363	*127	*359	1.79	*3.89	*205.4	*517	*16.93	*5 *5.2%	15.25 16.8%	50.20 55.3%	10.80 26.8%	*2.97 *7.4%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Thu - 10/19/2017																
BREAKFAST K-12	Total	10														
BREAKFAST PIZZA	PIECE	10	210	15	480	3.00	1.80	150.0	300	0.0	*N/A*	10.0	27.0	8.0	2.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT HALF PINT	5 5	0 120	0 5	0 180	0.00 0.00	0.00 0.36	0.0 300.0	0 500	0.0 1.2	*N/A* *N/A*	0.0 8.0	0.0 20.0	0.0 0.0	0.00 0.00	0.00 0.00
Weighted Daily Average % of Calories			319	18	572	4.54	2.09	313.1	670	16.93	*4 *5.6%	14.50 18.2%	49.15 61.7%	8.13 23.0%	2.04 5.8%	0.00 0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/20/2017																
BREAKFAST K-12	Total	10														
SAUSAGE AND PANCAKE ON A STICK	1 EA.	10	230	15	430	1.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	9.0	23.0	12.0	3.00	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	1	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			401	18	544	2.54	*8.29	*163.1	*370	*16.93	*4	13.49	60.66	12.13	3.04	*0.00
% of Calories											*4.4%	13.5%	60.5%	27.2%	6.8%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Mon - 10/23/2017																
BREAKFAST K-12	Total	10														
BISCUIT SANDWICH W/HAM	Sandwich	10	279	208	1074	0.46	2.62	142.6	393	0.0	*1	19.38	20.48	12.8	3.57	*0.02
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			447	211	1183	1.99	*2.91	*305.7	*763	*16.93	*6	23.87	57.63	12.93	3.61	*0.02
% of Calories											*5.3%	21.3%	51.5%	26.0%	7.3%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/24/2017																
BREAKFAST K-12	Total	10														
EGG, SCRAMBLED-2	EGG-2 eac	10	144	424	140	0.00	33.12	520.0	24400	*0.0	*N/A*	12.58	0.78	9.94	3.10	*0.00
BACON, PRECOOKED	2 SLICES	10	90	0	250	0.00	0.00	0.0	0	0.0	0	3.0	0.0	9.0	3.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIt A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			403	427	499	1.54	*33.41	*683.1	*24770	*16.93	*4 *4.4%	20.08 19.9%	37.93 37.7%	19.07 42.6%	6.14 13.7%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Wed - 10/25/2017																
BREAKFAST K-12	Total	10														
PANCAKE, BUTTERMILK, KRU STEAZ	.5 CUP B ATTER	5	199	*0	579	1.99	1.80	100.9	0	0.0	*N/A*	6.96	38.79	1.99	0.50	*0.00
SAUSAGE PATTIES	2 ea.	5	196	62	431	0.00	0.84	7.7	34	0.0	*N/A*	12.71	0.0	15.78	4.23	*N/A*
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING -2 OZ	5	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
OATS, QUICK, QUAKER-1/2 CUP	SERVING -1/2 CUP	1	121	0	6	3.22	1.47	3.8	0	0.0	*N/A*	4.02	21.72	2.41	0.40	*0.00
BROWN SUGAR MELT-OATME AL TOPPI	PACKET	1	50	0	5	0.00	0.36	0.0	0	0.0	*N/A*	0.0	12.04	0.0	0.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING -4 OZ	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVIt A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			396	*34	640	2.85	*1.79	*217.7	*387	*16.93	*4 *4.5%	14.74 14.9%	62.45 63.1%	9.26 21.0%	2.44 5.5%	*0.00 *0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/26/2017																
BREAKFAST K-12	Total	10														
WAFFLE BREAKFAST BOWLS	SERVING	10	192	0	340	1.00	1.26	10.0	0	0.6	*0	3.5	24.61	7.0	2.50	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			360	3	449	2.54	*1.54	*173.1	*370	*17.53	*4	8.00	61.75	7.13	2.54	*0.00
% of Calories											*5.0%	8.9%	68.6%	17.8%	6.3%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Fri - 10/27/2017																
BREAKFAST K-12	Total	10														
Omelet, Skillet w/ Cheese	OMELET	10	170	260	600	*N/A*	1.44	150.0	750	0.0	2	11.0	4.0	12.0	5.00	0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			339	263	709	*1.54	*1.73	*313.1	*1120	*16.93	*6	15.50	41.15	12.13	5.04	0.00
% of Calories											*7.6%	18.3%	48.6%	32.2%	13.4%	0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Mon - 10/30/2017																
BREAKFAST K-12	Total	10														
FRENCH TOAST	1 EACH	10	158	78	251	1.21	1.91	109.9	167	0.06	4	7.31	22.72	3.94	1.31	0.04
SYRUP,PANCAKE & WAFFLE, SF,PC	SERVING	10	25	0	51	0.00	0.00	0.0	0	0.0	*N/A*	0.0	5.06	0.0	0.00	*N/A*
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			352	80	411	2.75	*2.19	*273.0	*538	*17.00	*8	11.81	64.93	4.08	1.35	*0.04
% of Calories											*9.7%	13.4%	73.8%	10.4%	3.4%	*0.1%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Tue - 10/31/2017																
BREAKFAST K-12	Total	10														
BREAKFAST EGG QUESADILLA	1 SERVING	10	431	469	758	0.00	34.52	896.5	24585	0.0	*1	30.98	26.77	21.69	8.15	*0.00
JUICE, ASSORT (APL,O/P,GR)	SERVING	10	60	0	17	0.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	0.0	15.0	0.0	0.00	0.00
	-4 OZ															
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			599	472	867	1.54	*34.81	*1059.5	*24955	*16.93	*5	35.48	63.91	21.82	8.19	*0.00
% of Calories											*3.4%	23.7%	42.7%	32.8%	12.3%	*0.0%
Nutrient Guideline			450		1000	8.67	2.50	200.00	625	11.25		6.00		<=30.0	<10.00	

Weighted Average			372	*136	*532	*2.93	*7.75	*338.3	*4663	*17.94	*6	15.17	57.71	8.90	*3.11	*0.01
											*14.5%	16.3%	62.0%	21.5%	*7.5%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	372		450	83%		78		Correction Required - Calories are Low
Cholesterol (mg)	136				Missing			
Sodium (mg)	532		1000		Missing			
Fiber (g)	2.93		8.67	34%	Missing	5.74		Correction Required - Fiber is Low
Iron (mg)	7.75		2.50	310%	Missing			
Calcium (mg)	338.3		200.00	169%	Missing			
Vitamin A (IU)	4663		625	746%	Missing			
Sugars (g)	6	6.46%			Missing			
Vitamin C (mg)	17.94		11.25	159%	Missing			
Protein (g)	15.17	16.30%	6.00	253%				
Carbohydrate (g)	57.71	62.00%						
Total Fat (g)	8.90	21.51%	<=30.00%					
Saturated Fat (g)	3.11	7.51%	<10.00%		Missing			
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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